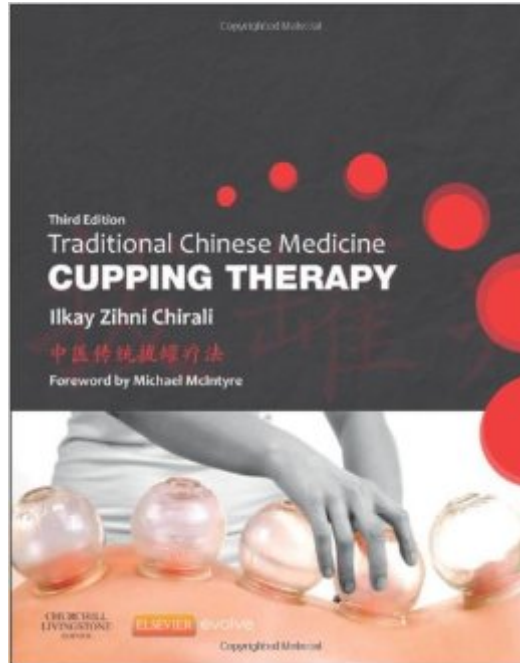


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Traditional Chinese Medicine Cupping Therapy, 3e



Synopsis

This new edition continues to offer readers a comprehensive exploration and description of techniques of cupping in the context of Traditional Chinese Medicine theory. Extensively updated throughout, and with a new website containing videos and a downloadable image bank, this volume will be ideal for students and practitioners of Traditional Chinese Medicine, and all other complementary health practitioners looking to expand their skill base. Explains cupping therapy clearly, allowing the practitioner immediate access to a set of skills for everyday application Well illustrated to support the guidelines discussed in the text Includes website containing video clips showing 11 methods of cupping therapy plus picture gallery of more than 150 colour photographs Gives practical guidelines on the use of cupping in helping to treat more than 30 common conditions Looks closely at issues of safety, expectation and theoretical principles of action Text clarified and updated throughout, with an expanded artwork program and improved layout and design New chapters by specialist contributors cover Cupping's Folk Heritage, Buddhist Medicine, and Thai Lanna Medicine New chapter on Cosmetic Cupping Techniques New section addressing Frequently Asked Questions An expanded discussion about the benefits of cupping therapy, including the treatment of new pathological conditions including myofascial pain Includes new evidence-based research on the effects of cupping therapy, including a systematic review

Book Information

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Customer Reviews

VERY good book, thorough on history & all types of Cupping. My only wish is that there were more

color photos instead of so many black & white. Otherwise a wonderful book to accompany anyone's training or curiosity on the subject.

This is an excellent book, but it requires some understanding of traditional Chinese Medicine. Another may be better for beginners.

Excellent print content on the kindle version. However, that content is meant to go hand in hand with digital content they talk about but will only include with the paper version. So be careful purchasing the kindle version as you won't get the whole thing. I spoke with customer service about the situation as well as trying to contact the publisher but all was to no avail. I find it disappointing that this shortage is not made clear up front, especially since the kindle version is almost the same cost but there is no printing or storing or shipping costs.

Even though I just started going through this book, it has been very helpful at letting me already incorporate cupping into my practice and can't wait to see where i'm at by the time I finish this book.

This is an excellent and very thorough introduction to cupping. I recommend it especially for anyone practicing Chinese Medicine. However, I think healers in other fields will find it useful as well.

Good book, lots of good information, the case studies also help.

Everything you'd ever want to know about cupping.

Very well done!

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